



Esarn Kheaw Thai Restaurant Ltd

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Opening Hours

Lunch
Mon - Fri 12:00pm - 3:00pm

Dinner
Mon - Sun 6:00pm - 11:00pm

Starters

- ไส้กรอกอีสาน** £4.95
Esarn Kheaw Sausages (Esarn Speciality)
Home made Thai sausages, served with fresh ginger and chilli.
- ซุบหน่อไม้** £4.95
Bamboo Shoots Salad (Esarn Speciality)
Bamboo shoots with chilli, fish sauce, onion, coriander and sesame seeds.
- ส้มตำอีสาน, ส้มตำข้าว รสอีสานจัด, ส้มตำปู, ส้มตำไทย หรือ ส้มตำไทยปู (Esarn Speciality)** £5.00
Spiced Papaya Salad
Papaya with fresh chilli, garlic, lemon juice, crushed peanuts and fish sauce.
- ปอเปี๊ยะทอด** £4.00
Spring Rolls
Vegetarian spring rolls, served with a sweet chilli sauce.
- ทอดมันปลา** £5.00
Fish Cakes
Deep fried fish cakes, served with a sweet cucumber relish.
- สะเต๊ะ (เนื้อ, ไก่ หรือ หมู)** £4.95
Sateh (Beef, chicken or pork)
Thai style sateh, served with peanut sauce and a sweet cucumber relish.
- ขนมจีบ** £4.95
Khanom Jeep
Steamed pork and prawn dumplings, served with a dark soya bean sauce.
- เกี้ยวกรอบ** £4.00
Crispy Wanton
Deep fried crispy wanton filled with minced pork, served with a sweet chilli sauce.
- กุ้งทอด หรือ ผักชุบแป้งทอด**
Finger Dips
Vegetarian £4.00
With king prawns £5.95
Deep fried king prawns with mixed vegetables, served with a sweet chilli sauce.
- ซี่โครงหมู** £4.00
Pork Spare Ribs
Marinated rib of pork.
- ปีกไก่ยัดไส้** £4.95
Stuffed Chicken Wings
Deep fried chicken wings, stuffed with glass noodles and marinated chicken meat, served with a sweet chilli sauce.
- หมี่กรอบ** £4.00
Mee Krob
Crispy fried noodles, mixed with a sweet and sour sauce, garnished with tofu, deep fried egg and pickled garlic.
- ไก่ใบเตย** £4.95
Kai Bai Tuay
Deep fried marinated chicken, wrapped in pandan leaf, served with a hot chilli sauce.

Thai Spicy Soups

- ต้มยำ (ไก่, กุ้ง หรือทะเล)**
Tom Yum Soup
Chicken £5.95 (หม้อ Pot - £20.50)
Prawn £7.95 (หม้อ Pot - £28.50)
Seafood £8.95 (หม้อ Pot - £30.50)
Spicy soup with chicken / prawns / seafood with lemon juice, lime leaves, lemon grass, galanga, chilli oil paste, mushrooms and fish sauce.
- ต้มขา (ไก่ หรือ กุ้ง)**
Tom Kha Soup
Chicken £5.95 (หม้อ Pot - £20.50)
Prawn £7.95 (หม้อ Pot - £28.50)
Coconut soup with chicken / king prawns, lemon juice, lime leaves, lemon grass, galanga, chilli oil paste, tamarind juice, mushrooms and fish sauce.

Esarn Specialities

- เนื้อนํ้าตก หรือ หมูนํ้าตก, ชกเล็กเปิด หรือ ชกเล็กไก่**
Spiced North East Style
Chicken or pork £7.95
Beef or Duck £10.95
Charcoal grilled sirloin strips of beef / chicken breast / duck breast / pork neck end with lemon juice, lime leaves, onion, coriander, chilli and fish sauce.
- ลาบ (เนื้อ, ไก่ หรือ หมู)** £7.95
Spiced Minced Salad (Beef, chicken or pork)
Minced beef / chicken / pork with lemon juice, lime leaves, onion, coriander, chilli and fish sauce.
- ลาบปลาดุก** £9.95
Spiced Catfish North East Style
Minced catfish with lemon juice, lime leaves, onion, coriander, chilli and fish sauce.
- แกงหนมสุต** £7.95
Spiced Minced Pork Thai Style
Minced pork with thinly sliced pork skins, lemon juice, lime leaves, coriander, spring onion, ginger, peanuts, chilli and fish sauce.
- เสีอร่องไห** £10.95
Tiger Cry
Charcoal grilled strips of sirloin steak, served with a hot chilli sauce.
- ตับหวาน** £7.95
Sweet Ox liver
Charcoal grilled strips of ox liver, served with a hot chilli sauce.
- ต้มเครื่องในวัว หรือ ต้มเครื่องในหมู** £7.95
(หม้อ Pot - £28.50)
Ox tripe Soup / Pork Innards Soup
Ox tripe / pork innards cooked in it's own broth with galanga, coriander, spring onion and fish sauce.
- ปลาดุกย่าง** £9.95
Grilled Catfish
Grilled catfish fillet, served with a hot chilli sauce.
- หมูย่างเมืองอุบล** £7.95
Grilled Pork Chop (Boneless) Charcoal grilled pork chop sliced and served with a hot chilli sauce.

- แกงอ่อมไก่เมืองอุบล** £7.95
Esarn Special Dish
Chicken cooked with chilli paste, ground toasted rice, fresh dill, lemon basil, chicken stock and Thai anchovy stock.

- ไกย่างเมืองอุบล** £10.95
Grilled Poussin
Marinated baby chicken, charcoal grilled, served with sweet chilli sauce.
- เครื่องในไก่ย่าง** £7.95
Chicken Liver North East Style
Marinated chicken livers, served with hot chilli sauce.
- น้ำพริกปลาดุก** £10.95
Num Prik Pla Sod
Spicy catfish dip, with a Thai anchovy stock, served with fresh vegetables.

Seafood Dishes

- กุ้งเผา(6)** £10.95
Grilled King Prawns (6)
King prawns marinated with oyster sauce, pepper and garlic, served with a spicy vinaigrette sauce.
- แกงส้มปลากะพงขาว** £20.50
Spicy, sweet and sour Sea bass
Deep fried whole Sea bass with a spiced sweet and sour soup. (Served on a hot charcoal dish.)
- ปลาตุ๋นผัดพริก** £11.95
Pla Duk Pad Prik
Stir fried catfish with chilli, sweet basil, green pepper corns and oyster sauce.
- ปลาราดพริก** £11.95
Pla Lard Prik
Crispy fried whole Sea bass covered with a stir fried holy basil and chilli sauce.
- ปลาเจียนทอด หรือ ึ่ง** £11.95
Pla Jien
Deep fried / steamed whole Sea bass with shitake mushrooms, ginger, spring onion, coriander and soya bean sauce.
- ปลาเปรี้ยวหวาน** £11.95
Sweet and Sour Sea bass
Crispy fried whole Sea bass covered with sweet and sour sauce, pineapple, cucumber, onion, sugar snap, tomato and baby corn.
- ปลาหมึกผัดพริก** £8.95
Pla Muk Pad Prik
Stir fried squid with holy basil, chilli and oyster sauce.
- ยำปลาหมึก หรือ ยำทะเล**
Spiced Salad
Squid £9.95
Seafood £10.95
Blanched squid / seafood with lemon juice, lime leaves, lemon grass, onion, chilli, coriander and fish sauce.
- กุ้งแช่น้ำปลา** £10.95
Koong Numpla
Raw prawns garnished with a spicy vinaigrette sauce and fresh garlic.

38. พล่ากุ้ง £10.95
Spiced King Prawn Salad
Charcoal cooked king prawns with lemon juice, lime leaves, lemon grass, onion, chilli sauce, coriander, and fish sauce.
39. หอยอบหม้อดิน £11.95
Pottery Mussels
Steamed mussels with sweet basil and white wine, served in a clay pot.
40. กุ้งผัดน้ำมันหอย £8.95
Prawns in oyster sauce
Stir fried prawns with young vegetables and oyster sauce.
41. กุ้งผัดกระเทียม £10.95
Koong Pad Kratiem
Stir fried king prawns with garlic and peppercorns.
42. ปลากระพงขาวย่าง £10.95
Grilled Sea bass
Grilled fillet of Sea Bass, served with a spicy vinaigrette sauce.

Stir Fry Dishes

43. ผัดน้ำมันหอย (เนื้อ, ไก่ หรือ หมู) £8.95
Stir Fry With Oyster Sauce (Beef, chicken or pork)
Stir fried beef / chicken / pork with young vegetables and oyster sauce.
44. ผัดพริกใบกระเพรา (เนื้อ, ไก่ หรือ หมู) £8.95
Stir Fry With Holy Basil (Beef, chicken or pork)
Stir fried beef / chicken / pork with holy basil, chilli and oyster sauce.
45. ผัดขิง (เนื้อ, ไก่ หรือ หมู) £8.95
Stir Fry With Ginger (Beef, chicken or pork)
Stir fried beef / chicken / pork with fresh ginger, chilli, young vegetables and oyster sauce.
46. ผัดพริกขิง (เนื้อ, ไก่ หรือ หมู) £8.95
Pad Prik Khing (Beef, chicken or pork)
Beef / chicken / pork stir fried with chilli paste, long bean and oyster sauce.
47. ไก่ผัดเม็ดมะม่วงหิมพานต์ £8.95
Chicken Cashew Nuts
Stir fried chicken with cashew nuts, onion, red and green peppers, toasted chilli and oyster sauce.
48. ผัดเปรี้ยวหวาน (เนื้อ, ไก่ หรือ หมู) £8.95
Sweet and Sour (Beef, chicken or pork)
Stir fried beef, chicken or pork with a sweet and sour sauce, pineapple, cucumber, onion, sugar snap, tomato and baby corn.

Thai Curry

49. แกงเผ็ดเปิดyang £9.95
Gaeng Pet Ped Yang
Roasted duck curry cooked in coconut milk with grapes, pineapple and Thai red curry paste.
50. แกงเขียวหวาน (เนื้อ, ไก่, หมู หรือ กุ้ง)
Green Curry
Beef, chicken or pork £8.95
King prawns £10.95
Beef / chicken / pork / king prawns cooked in coconut cream with aubergine, bamboo shoots, sweet basil, fish sauce and Thai green curry paste.

51. แกงเผ็ด (เนื้อ, ไก่, หมู หรือ กุ้ง)
Red Curry
Beef, chicken or pork £8.95
King prawns £10.95
Beef / chicken / pork / prawns cooked in coconut cream with bamboo shoots, aubergine peas, holy basil, fish sauce and Thai red curry paste.
52. แกงเนื้อมัสมั่น £8.95
Gang Neau Massaman
Cubes of beef cooked in coconut cream with curry paste, peeled new potatoes, peanuts, tamarind juice and button onions.
53. พานง (เนื้อ, ไก่, หมู หรือ กุ้ง)
Panang
Beef, chicken or pork £8.95
King prawns £10.95
Stir fried beef / chicken / pork / king prawns with panang paste, lime leaves, coconut cream and fish sauce.
54. แกงป่า (เนื้อ, ไก่, หมู หรือ กุ้ง)
Jungle Curry
Minced beef, chicken or pork £8.95
King prawns £10.95
(Traditional Thai Dish) Minced beef / chicken / pork / prawns with mixed vegetables, young green peppercorns, wild ginger and holy basil in a clear spicy soup.

Vegetarian Dishes

(Soya sauce is optional instead of fish sauce)

55. เต้าหู้ทอด £4.00
Deep Fried Tofu
Served with sweet chilli sauce topped with crushed peanuts.
56. ต้มยำเห็ด £5.50
Tom Yum Mushroom
Spicy soup with mushrooms, lemon juice, lime leaves, lemon grass, galanga, chilli oil paste and fish sauce.
57. ต้มยำเต้าหู้ £5.50
Tom Yum Tofu
Spicy soup with tofu, lemon juice, lime leaves, lemon grass, galanga, chilli oil paste, mushrooms, glass noodles and fish sauce.
58. แกงเขียวหวานผัก £6.95
Green Vegetable Curry
Mixed vegetables cooked in coconut cream with aubergine peas, aubergine, bamboo shoots, sweet basil, fish sauce and Thai green curry paste.
59. แกงเผ็ดผัก £6.95
Red Vegetarian Curry
Mixed vegetables cooked in coconut cream with aubergine peas, aubergine, bamboo shoots, sweet basil, fish sauce and Thai red curry paste.
60. แกงป่าผัก £6.95
Jungle Curry
Mixed vegetables, young green peppercorns, wild ginger and holy basil in a clear spicy soup.

61. เปรี้ยวหวานผัก £6.95
Pad Prieu Wan Puk
Sweet and sour mixed vegetables.
62. ยำเห็ด £6.95
Spiced Mushroom Salad
Charcoal grilled button mushrooms with onions, coriander, chilli oil paste, lemon juice and fish sauce.
63. ผัดผักรวม £6.95
Stir Fried Mixed Vegetables
Stir fried vegetables with oyster sauce.
64. ผัดผักบร็อคเคอส์ £6.95
Stir Fried Broccoli
Stir fried broccoli with oyster sauce, fish sauce and fresh chilli.
65. ผัดผักเขียว £6.95
Stir Fried Mixed Greens
Stir fried broccoli, sugar snaps and mange tout in oyster sauce.
66. ไข่ยัดไส้ผัก £6.95
Vegetarian omelette
Thai style omelette with onions, peppers, mushrooms and fish sauce.

Noodle Dishes

67. ผัดไทย (ผัก, เนื้อ, ไก่, หมู หรือ กุ้ง)
Pad Thai
Vegetarian £6.95
Beef, chicken or pork £7.95
King prawns £8.95
Stir fried white rice noodles with spring greens / beef / chicken / pork / king prawns, crushed peanuts, eggs, bean sprouts and fish sauce.
68. ผัดราดหน้า (ผัก, เนื้อ, ไก่, หมู หรือ กุ้ง)
Pad Lard Nar
Vegetarian £6.95
Beef, chicken or pork £7.95
King prawns £8.95
Stir fried large rice noodles topped with mixed vegetables / beef / chicken / pork / king prawns and a gravy oyster sauce.
Stir fried noodles with mixed vegetables / beef / chicken / pork / prawn in a dark soya sauce.
69. ผัดซีอิ้ว (ผัก, เนื้อ, ไก่, หมู หรือ กุ้ง)
Pad See-Ew Noodles
Vegetarian £6.95
Beef, chicken or pork £7.95
King prawns £8.95
Stir fried noodles with mixed vegetables / beef / chicken / pork / prawn in a dark soya sauce.
70. ผัดก๋วยเตี๋ยวซีเมา (ผัก, เนื้อ, ไก่, หมู หรือ กุ้ง)
Spicy Stir Fried Noodles
Vegetarian £6.95
Beef, chicken or pork £7.95
King Prawns £8.95
Stir fried white rice noodles with spring greens, beef / chicken / pork / king prawns, bean sprouts, dark soya sauce, fish sauce, holy basil and fresh chilli.

71. ก๋วยเตี๋ยวน้ำ (เนื้อ, ไก่, หมู หรือ กุ้ง)
Thai Noodle Soup
Beef, chicken or pork £7.95
White rice noodle soup with beef / chicken / pork, bean sprouts, coriander and spring onions.
72. ผัดก๋วยเตี๋ยวเปล่า £3.95
Plain Noodles
Stir fried plain noodles with dark soya bean sauce.

Rice + Sides

73. ข้าวผัดอีสานเขียว £8.95
Esarn Kheaw Fried Rice
Stir fried rice with king prawns, sweet corn, peppers, onions, carrots, egg and pineapples.
74. ข้าวผัดไข่ £3.50
Egg Fried Rice
Stir fried rice with sweet corn, peppers, onions, carrots and eggs.
75. ข้าวเปล่า £2.00
Steamed Jasmine Rice
76. ข้าวเหนียว £3.00
Sticky Rice
Traditional rice from the North East of Thailand. Served in a bamboo basket.
77. ยำวุ้นเส้น (ไก่สับ, หมูสับ, กุ้ง หรือ ทะเล)
Spiced Glass Noodle Salad
Minced chicken or minced pork £7.95
Prawn £9.95
Seafood £10.95
Blanched glass noodles with minced chicken / minced pork / prawns / seafood, sliced carrots, onion, coriander, spring onion, pickled garlic, chilli sauce, fish sauce and lemon juice.
78. เนื้อแดดเดียว £7.95
Sun Dried Beef
Crispy fried marinated beef.
79. ไข่ยัดไส้หมูสับ £6.95
Omelette
Thai style omelette with onion, pepper, mushroom and minced pork.
80. ไข่ลูกเขย £6.95
Son In-Laws Eggs
(Traditional Thai Dish) Deep fried golden eggs with caramelised tamarind sauce, garnished with deep fried garlic and shallot.